### Produce
- Avocado
- Apples
- Bananas
- Broccoli
- Celery
- Carrots
- Cabbage
- Cucumber
- Young Tai Coconuts
- Green/String Beans
- Grapefruit
- Garlic
- Ginger
- Green Leafy Veggies
- Lemons
- Onions
- Seasonal fruits
- Fresh Herbs (parsley, basil, etc.)

### Nuts & Seeds
- Raw Almonds
- Organic Raw Almond Butter
- Raw Hemp Seeds
- Flax Seeds
- Pine Nuts

### Meat/Fish
- Cold Smoked Wild Alaskan Salmon

### Snacks
- Chocolate Bar - *Green+*
- *Lara* Bars
- *Didi’s* Raw Granola Bar
- Pecan Cookie – *Good Stuff from Mom and Me*
- Raw Nuts
- Baby Carrots
- Dried Fruit

### Condiments
- Freshly made raw pesto
- Freshly made raw tapenade – Black Olives
- Freshly made raw tapenade – Sun Dried Tomatoes
- Raw Black Olives
- Freshly made raw salsa
- Organic Stone Ground Mustard
- Apple Cider Vinegar
- Nama Soyu

### Oils
- Raw Organic Extra Virgin Coconut Oil
- Organic or Wild Cold Pressed Extra Virgin Olive Oil
- Cold Pressed Sesame Oil

### Spices/Salt
- Himalaya Salt
- Organic Herbs The Province
- Curry, Cinnamon

### Sweeteners
- Raw Organic Honey
- Raw Agave Nectar
- Liquid Stevia
- Organic 100% Pure Maple Syrup

### Grains & Pasta
- Wild Rice – *Shilloh Farms*
- Quinoa – *Shilloh Farms*
- Buckwheat – *Shilloh Farms*

### Bread (refrigerated)
- Sprouted Bread – *Ezenkiel*
- Sprouted Bagels - *Alvarado*
- Sprouted Tortilla’s - *Ezenkiel*

### Superfoods
- Goji Berries
- Maca
- Raw Nori Sheets
- Raw Carob Powder
- Green Powder
Skin Care

Toothpaste – Weleda
Deodorant – Burt’s Bees/Himalaya
Salt
Hair Coloring – Surya Henna Cream
Shampoo/Conditioner – California Baby
Shaving Cream
(Liquid) Soap – Kiss my Face

Cleaning Supplies

Dishwasher Detergent – Ecover
Dishwashing Liquid - Ecover
Laundry Detergent - Ecover
Natural Laundry Whitener - Ecover
All Purpose Cleaner - Ecover
Murphy’s Oil
Vegetable Wash – Earth Friendly Products
Window Cleaner – Earth Friendly Products
Kitchen Cleaner – Seventh Generation
Full Spectrum Light Bulbs